

# VINCE BARCLAY TENNIS SYDNEY AUSTRALIA

ABN: 45725694752

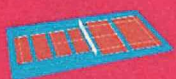

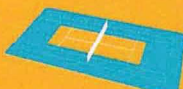



Macquarie University Sport Fields

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## Group coaching classes Term 1, 2018

**Monday Feb 5, 2018 – April 13, 2018 (10 weeks)**

Monday	6:30pm – 7:30pm	Adult group coaching (Beginner)
Tuesday	4:30pm to 6:30pm	Advanced squad (16+ tournament players)
Tuesday	4:30pm to 6pm	Clay court squad (11+ tournament players)
Tuesday	4pm to 4:45pm	ANZ Hot Shot (Blue 3-5 year old) <b>New</b>
Wednesday	4:30pm – 5:15pm	ANZ Hot Shot (Red Ball and Orange ball)
Wednesday	5:15pm – 7:15pm	Advanced squad (16+ tournament players)
Thursday	7am – 8am	Cardio Tennis
Thursday	2pm – 3pm	Nathan's fitness training
Thursday	4:30pm – 6:30pm	Advanced squad (16+ tournament players)
Thursday	7:00pm – 8:00pm	Adult Group Coaching (Intermediate)
Friday	10am to 11:30am	Ladies Group coaching
Friday	4pm – 5pm	ANZ Hot Shot (Green ball)
Friday	4:15pm – 5pm	ANZ Hot Shot (Red Ball and Orange ball)
Friday	5pm – 7pm	Advanced clay court squad (16+ tournament players)
Friday	5pm – 7pm	Talent Squad (11+ tournament players)
Saturday	10am – 10:45am	ANZ Hot Shot (Red Ball) (Orange Ball)
Saturday	10am – 11:00 am	ANZ Hot Shot (Green Ball)
Saturday	11am – 12pm	Hot Shot Graduates Group coaching (yellow ball)
Sunday	2pm – 4pm	ANZ Hot Shot League (Road Runner Series)

<p><b>Stages of development</b></p> <p>Children use 25 per cent compression red balls that bounce lower, slower and are much easier to hit. Children play on three-metre or six-metre wide courts. Recommended racquet size is 21–23 inches.</p>   <p><b>RED STAGE</b></p> <p>AGE 5-8</p>	<p>Children use 50 per cent compression orange balls and play on regular courts with reduced length and width. Recommended racquet size is 23–25 inches.</p>   <p><b>ORANGE STAGE</b></p> <p>AGE 8-10</p>	<p>Children play on a full-sized court using 75 per cent compression green balls. Recommended racquet size is 25–27 inches.</p>   <p><b>GREEN STAGE</b></p> <p>AGE 9+</p>
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### Prices:

#### **Private coaching: 7 days a week by appointment**

Vince \$95 - other coaches \$85/hour

\$45/30 min

If paying for 10 sessions in advance, 10% discount ex. \$765 for 10 x 1 hour lesson and \$405 for 30 min.

#### **Group coaching: 10 weeks term**

Mon – Thu – Fri Adult Group coaching (10 weeks) \$230 for term or \$28 per lesson

ANZ Hot Shot 1 hour 10 weeks - \$205 or \$25 per lesson

Advanced Squad – 10 sessions \$400 and \$45 per lesson

Clay court squad (Thu 4:30pm to 6:00pm) \$35 each lesson or \$300 for the term.

Cardio Tennis: \$180 for 9 sessions (1<sup>st</sup> lesson free)

Talent squad Friday (5:30pm to 7:30pm) \$380 for the term

ANZ Hot Shot League – Road Runner Series - \$20 per session

New Hot shot graduates group Saturday 11am to 12pm \$350 for 10 weeks term

**Please see the office if you are interested in Private Coaching and Squad package for 10 weeks.**